

QA Level 3 Award In **FIRST AID AT WORK** (RQF)



Ofqual
regulated



3-day
course



Certificate
valid for 3 years

Is your Workplace Prepared?

Did you know that an estimated 441,000 workers in Britain sustained an injury at work in 2021/22?

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first aid training. However, having the correct first aid provision in the workplace is not just a legal requirement, it is incredibly important for the safety of all members of staff!

The **QA Level 3 Award in First Aid at Work (RQF)** qualification is specifically designed for individuals who wish to act as a first aider in their workplace. Successful candidates will learn how to manage a range of injuries and illnesses that could occur at work and will be equipped with the essential skills needed to give emergency first aid. What's more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

What's Covered?

The roles & responsibilities of an emergency first aider

Assessing an incident

Stroke

Managing an unresponsive casualty

Head & spinal injuries

CPR & defibrillation

Epilepsy

Recovery Position

Asthma

Choking

Diabetes

Heart attack

Anaphylaxis shock

Chest Injuries

Minor Injuries

Wounds & Bleeding

Burns & Scalds

Fractures

Poisoning

Sprains, strains & dislocations

Eye Injuries

Book Now!



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